

## Thurles Golf Club can only do so much!

**As a Member you must take personal responsibility for your own actions and comply with these preventative measures:**

DO's	DONT's
<ul style="list-style-type: none"> <li>✓ Adhere to all HSE and Government Guidance</li> <li>✓ Observe good hand hygiene and cough etiquette</li> <li>✓ Always keep the 2m social distance</li> <li>✓ Bring your own personal hand sanitizer for use during your round</li> <li>✓ Book a teetime in advance</li> <li>✓ Arrive at the course no more than 15 minutes prior to teetime</li> <li>✓ Come dressed for the round and change footwear at the car</li> <li>✓ Adults must accompany junior golfers</li> <li>✓ After round wash hands in the toilet and go straight home</li> <li>✓ Players must call or email the Club with any post-round health issues or COVID-19 related queries, at the earliest possible opportunity</li> </ul>	<ul style="list-style-type: none"> <li>✗ Do not come to Thurles Golf Club if: You are in self-isolation Are displaying COVID-19 symptoms</li> <li>✗ Do not travel in groups to the course unless it is with members of the same household</li> <li>✗ Do not arrive without a pre-booked teetime</li> <li>✗ Do not arrive early for your teetime</li> <li>✗ Do not walk onto the course without checking in with Raymond first</li> <li>✗ Do not mingle at any point on the course with other groups</li> <li>✗ DO NOT sit on any benches throughout the course</li> <li>✗ Do not use locker rooms - they are closed</li> <li>✗ Do not enter the pro-shop if there is another person inside with Raymond</li> <li>✗ Do not pick up your partners clubs or golf balls</li> <li>✗ Do not touch the flagpole</li> <li>✗ Do not shake hands with your partners after your round and no high fives</li> <li>✗ Do not share snacks or drinks on the course</li> <li>✗ Do not hang around after your round - go home as soon as possible</li> </ul>



## Coronavirus COVID-19



**If you have fever and/or cough you should stay at home regardless of your travel or contact history.**

If you have returned from an area that is subject to travel restrictions due to COVID-19 you should restrict your movement for 14 days. Check the list of affected areas on [www.dfa.ie](http://www.dfa.ie)

### How to Prevent



**Wash**  
your hands well and often to avoid contamination.



**Cover**  
your mouth and nose with a tissue or sleeve when coughing or sneezing and discard used tissue.



**Avoid**  
touching eyes, nose, or mouth with unwashed hands.



**Clean**  
and disinfect frequently touched objects and surfaces.



**Stop**  
shaking hands or hugging when saying hello or greeting other people.



**Distance**  
yourself at least 2 metres (6 feet) away from other people, especially those who might be unwell.